



# Dronfield Sports Centre Main Pool Swimming Timetable

*from March 2024*



North East  
Derbyshire  
District Council

## Monday

|                  |                                 |
|------------------|---------------------------------|
| 7.00am to 8.00am | Lane Swimming, 2 lanes          |
| 8.00am to 9.30am | Lane Swimming, 1 lane           |
| 7.00am to 9.30am | Early Morning Swimming          |
| 9.30am to 12noon | General and School Swimming     |
| 12noon to 1.30pm | Lane Swimming, 2 lanes          |
| 12noon to 1.30pm | General Swimming, half the pool |
| 1.30pm to 3.00pm | General and School Swimming     |
| 4.00pm to 7.00pm | Lessons*                        |
| 3.00pm to 7.15pm | General Swimming                |
| 7.15pm to 9.15pm | Swimming Club, pool closed      |

## Tuesday

|                    |                              |
|--------------------|------------------------------|
| 7.00am to 8.00am   | Lane Swimming, 2 lanes       |
| 8.00am to 9.00am   | Lane Swimming, 1 lane        |
| 7.00am to 9.00am   | Early Morning Swimming       |
| 9.00am to 2.00pm   | General Swimming             |
| 10.00am to 11.00am | Adult Lessons, half the pool |
| 11.00am to 2.00pm  | Lane Swimming, 2 lanes       |
| 2.00pm to 3.00pm   | Women only                   |
| 4.00pm to 6.30pm   | Lessons*                     |
| 3.00pm to 6.30pm   | General Swimming             |
| 6.30pm to 7.30pm   | Lane Swimming                |
| 7.30pm to 8.30pm   | Swimming Club, pool closed   |
| 8.30pm to 9.30pm   | Nice and Easy Swim Session   |

## Wednesday

|                    |  |
|--------------------|--|
| 7.00am to 8.30am   | Lane Swimming, 2 lanes<br>(1 lane from 8.00am) |
| 7.00am to 8.30am   | Early Morning Swimming, half the pool          |
| 8.30am to 9.30am   | Staff Training, pool closed                    |
| 9.30am to 10.30am  | Aquacise (Shallow end)                         |
| 9.30am to 10.30am  | Deep end only Swimming                         |
| 9.30am to 7.00pm   | General Swimming                               |
| 10.30am to 11.45am | Cardio Club Swimming, 1 lane                   |
| 11.45am to 1.30pm  | Lane Swimming, 2 lanes                         |
| 4.00pm to 7.00pm   | Lessons*                                       |
| 7.00pm to 8.00pm   | Women only                                     |
| 8.00pm to 9.30pm   | Adults only, half the pool                     |
| 8.00pm to 9.30pm   | Swimming Club, 2 lanes                         |

## Thursday

|                   |                            |
|-------------------|----------------------------|
| 7.00am to 8.00am  | Lane Swimming, 2 lanes     |
| 8.00am to 9.00am  | Lane Swimming, 1 lane      |
| 7.00am to 9.00am  | Early Morning Swimming     |
| 9.00am to 7.00pm  | General Swimming           |
| 11.30am to 1.30pm | Lane Swimming, 2 lanes     |
| 1.30pm to 2.30pm  | Aquacise (Shallow end)     |
| 4.00pm to 7.00pm  | Lessons*                   |
| 7.00pm to 8.00pm  | Swimming Club, pool closed |
| 8.00pm to 9.30pm  | Adults only swimming       |

## Friday

|                   |                                 |
|-------------------|---------------------------------|
| 7.00am to 8.00am  | Lane Swimming, 2 lanes          |
| 7.00am to 9.30am  | Early Morning Swimming          |
| 8.00am to 9.30am  | Lane Swimming, 1 lane           |
| 9.30am to 11.30am | General and School Swimming     |
| 11.30am to 1.15pm | Lane Swimming, 2 lanes          |
| 11.30am to 1.15pm | General Swimming, half the pool |
| 1.15pm to 3.15pm  | General and School Swimming     |
| 3.15pm to 7.15pm  | General Swimming                |
| 4.00pm to 7.00pm  | Lessons*                        |
| 7.15pm to 9.15pm  | Swimming Club, pool closed      |

## Saturday

|                   |                                       |
|-------------------|---------------------------------------|
| 7.00am to 8.00am  | Swimming Club, pool closed            |
| 8.00am to 9.00am  | Lane Swimming, 2 lanes                |
| 8.00am to 9.00am  | Early Morning Swimming, half the pool |
| 9.00am to 12.30pm | Lessons*                              |
| 9.00am to 3.00pm  | Family Swimming                       |
| 3.00pm to 3.15pm  | Pool closed                           |
| 3.15pm to 4.15pm  | Aquafun                               |
| 4.15pm to 5.00pm  | Pool closed                           |
| 5.00pm to 7.00pm  | Swimming Club, pool closed            |

## Sunday

|                  |                            |
|------------------|----------------------------|
| 8.00am to 3.30pm | Family Swimming            |
| 3.30pm to 5.00pm | Lane Swimming              |
| 5.00pm to 8.00pm | Swimming Club, pool closed |

\*Some lessons use the Pool Boom to separate main pool. Please ring for details of times/dates.

NOTE: Please be aware that during School Holidays the programme may change slightly for kids activities, we advise you to contact us before attending to check the daily timetable.

Dronfield Sports Centre, Civic Centre, Dronfield. Tel: 01246 217217.

[www.ne-derbyshire.gov.uk/leisure](http://www.ne-derbyshire.gov.uk/leisure)



# Dronfield Sports Centre Small Pool Swimming Timetable

from March 2024



North East  
Derbyshire  
District Council

## Monday

|                  |                             |
|------------------|-----------------------------|
| 7.00am to 9.30am | General Swimming            |
| 9.30am to 12noon | General and School Swimming |
| 12noon to 1.30pm | Parent and Toddler          |
| 1.30pm to 3.00pm | General and School Swimming |
| 3.00pm to 4.00pm | General Swimming            |
| 4.00pm to 7.00pm | Closed for Lessons          |
| 7.00pm to 9.00pm | Swimming Club, pool closed  |

## Tuesday

|                   |                            |
|-------------------|----------------------------|
| 7.00am to 12.30pm | General Swimming           |
| 12.30pm to 3.00pm | Closed for Otter Lessons   |
| 3.00pm to 4.00pm  | General Swimming           |
| 4.00pm to 6.30pm  | Closed for Lessons         |
| 6.30pm to 7.30pm  | General Swimming           |
| 7.30pm to 8.30pm  | Swimming Club, pool closed |
| 8.30pm to 9.30pm  | Nice and Easy Swim Session |

## Wednesday

|                   |                             |
|-------------------|-----------------------------|
| 7.00am to 8.30am  | General Swimming            |
| 8.30am to 9.30am  | Pool closed, staff training |
| 9.30am to 12.30pm | General Swimming            |
| 12.30pm to 3.00pm | Closed for Otter Lessons    |
| 3.00pm to 4.00pm  | General Swimming            |
| 4.00pm to 7.00pm  | Closed for Lessons          |
| 7.00pm to 8.00pm  | Womens Only                 |
| 8.00pm to 9.30pm  | Adults Only                 |

## Thursday

|                   |                            |
|-------------------|----------------------------|
| 7.00am to 9.30am  | General Swimming           |
| 9.30am to 11.30am | Closed for Otter Lessons   |
| 11.30am to 4.00pm | General Swimming           |
| 4.00pm to 7.00pm  | Closed for Lessons         |
| 7.00pm to 8.00pm  | Swimming Club, pool closed |

## Friday

|                   |                             |
|-------------------|-----------------------------|
| 7.00am to 9.30am  | General Swimming            |
| 9.30am to 11.30am | General and School Swimming |
| 11.30am to 1.15pm | Parent and Toddler          |
| 1.15pm to 3.15pm  | General and School Swimming |
| 3.15pm to 4.00pm  | General Swimming            |
| 4.00pm to 7.00pm  | Closed for Lessons          |
| 7.00pm to 9.15pm  | Swimming Club, pool closed  |

## Saturday

|                   |                            |
|-------------------|----------------------------|
| 8.00am to 11.30am | Closed for Lessons         |
| 11.30am to 3.00pm | Family Swimming            |
| 3.00pm to 3.15pm  | Pool Closed                |
| 3.15pm to 4.15pm  | Aquafun                    |
| 4.15pm to 7.00pm  | Swimming Club, pool closed |

## Sunday

|                  |                            |
|------------------|----------------------------|
| 8.00am to 5.00pm | Family Swimming            |
| 5.00pm to 8.30pm | Swimming Club, pool closed |

*NOTE: Please be aware that during School Holidays the programme may change slightly for kids activities, we advise you to contact us before attending to check the daily timetable.*

**General Swimming:** Open session for all ages and abilities.

**Lane swimming:** Sections of the pool will be laned for customers to swim lengths.

**Adults Only:** Session for 16+ years of age.

**Women only:** Session for women 16+ years of age.

**Aquacise:** Water based low impact Aerobics (Shallow end only).

**Lessons\*:** When main pool lesson are taking place, sections of the pool width ways either deep or shallow

end &/or up to 2 lanes will be allocated to lessons. However, a minimum of 2 lane width by 20 metres will be available for General or Family Swimming.

**Family Swimming:** Family orientated swimming open to everyone.

**Aquafun:** Wet and wild fun with the rafts and floats.

**Nice & Easy Swim Session:** With reduce lighting to create a relaxed atmosphere. No lanes, just social swimming for people to relax and unwind.

### Access for All statement

You can request this document or information in another format such as large print or language or contact us by:

- Phone: [01246 231111](tel:01246231111)
- Email: [connectne@ne-derbyshire.gov.uk](mailto:connectne@ne-derbyshire.gov.uk)
- Text: [07800 00 24 25](tel:07800002425)
- BSL Video Call: a FREE, three way video call



with us and a BSL interpreter.

- Call with Relay UK via textphone or app on [0800 500 888](tel:0800500888), FREE phone service for anyone who has difficulty hearing or speaking.
- Visiting our offices at Wingerworth: 2013 Mill Lane, [S42 6NG](tel:01433446666)

